



**International Halliwick Association**  
'Promoting the Halliwick Concept of Swimming & Rehabilitation in Water'

## **IHA EDUCATION AND RESEARCH COMMITTEE**

### **Guidelines for IHA Advanced Halliwick Courses**

In order to ensure quality and maintain standards, The IHA Education and Research Committee recommends the following guidelines for Advanced Halliwick Courses.

1. Course participants must have successfully completed a Basic (Foundation) Course.
2. The course leader must be an IHA recognised Senior Lecturer with experience in the subjects that are being addressed in the Advanced Course.
3. The materials / subjects developed in these courses should be related to the Halliwick principles (see 'the Halliwick Concept 2010') and there needs to be practical pool sessions.
4. The course should be advanced in nature i.e. clearly adding to the knowledge gained in the Basic (Foundation) Course.
5. There should be an element of problem solving as part of the course, so that participants develop the ability to use the Halliwick knowledge to develop their practice.
6. Participants should have the opportunity to share their personal knowledge in relation to the Advanced Course topic.
7. It is suggested that for in-depth learning, the number of participants should be between 8 and 16 to ensure sufficient exchange of ideas and knowledge within the group. The ideal number will vary on the topic of the Advanced Course. However, the maximum number of participants on an Advanced Course is 12 with one Senior Lecturer. When the Senior Lecturer is working with a second, experienced Halliwick Lecturer, the maximum number of participants is 24.
8. Details of Courses should be submitted annually to the IHA Education and Research Committee.

**For Advanced Courses to be recognised by IHA and to use the IHA logo on Certificates, Senior Lecturers need to keep to these Guidelines.**

February 2006 - updated May 2012