



# Denmark - Annual report 2014

HASAM - The National Halliwick Organisation in Denmark was founded in 1983 through cooperation between individual members, Halliwick swimming clubs, special schools and institutions.

HASAM is presently run by an Executive Committee of 5 persons (HASAM-FU):

Bodil Føns Knudsen, chair

Harald Lie, vicechair

Hanne Bjørling, treasurer

Other officers: Nicoline Agersnap and Christine Hjortkjær

Deputy members: Jacqueline Nielsen and Lene Christensen.

The main purpose of HASAM is to develop course material, run courses and give information about the Halliwick Concept. Further more HASAM supports the existing swimming clubs and supports the establishment of new clubs and new educated instructors.

## Annual General Meeting, 07.02.2015 – Ans Idræts- og kulturcenter:

Notes from the written report 2014 in Halliwise:

Information about IHA in 2014 and the international GALA Group.

The electronic Gala programme and manual is translated to English and sold to Ireland and Polen. We are developing an electronic system for the registration of the order in which the swimmers reach the goal during a Gala.

The National Gala Group has formed Danish Team model for fundraising and participation in the next international Gala.

Conferences in 2014 as Speakers:

- Harald Lie: "The Halliwick concept and people suffering from hydrophobia" at the national conference of the Danish Swimming Union in September in Billund.
- Bodil Føns Knudsen: "Habilitation through Activities in Water" (presentation of the research) and a pool session at "II inter- nationale Scientific Conference Physical Activities in Disabled Children and Youth" in September in Biala Podlaska, Polen.

Bodil Føns Knudsen participated at the british Aquatic Physiotherapist Conference in Epsom in November as representative from Danish Association of Aquatic Physiotherapist.

The course material is always in some development. In august some lecturers, swimmers and experienced instructors used the hydropool at Marselisborg Centret for "shooting" a large amount of new pictures and videos for lecturing.

### The lecturers:

Harald Lie, Bodil Føns Knudsen and Lena Andreasen are IHA Senior Lecturers. Anette Spence and Hanne Bjørling er IHA lectures. Pernille Skovbo Pedersen is IHA Trainee lecturer.

The decision to write a book based on the course material is up to the Lectures Group and HASAM's FU to decide.

The AGM accepted to support some of the lecturers to participate at the IHA Course for Lectures and Trainee Lecturers in Barcelona with up to 10.000,- d.kr.

### Committes:

HASAM's FU: (Exe. Committee): 5 members (Election for 2 years) and 2 deputy officers. 7 Skype Meetings and 1 face to face Meeting, where the deputy officers participate.

National Gala Group: 4 members: 1 representative from each of the 3 GALA clubs plus 1 representative from HASAM FU.

### **Courses and workshops**

2 Basic Courses and 1 Advanced Course in 2014.

Two workshop in relationship to the AGM in 2014:

- "Children and Youth with Cerebral Palsy"
- "Sport and social psychiatry"

At the Basic Aquatic Course for Physiotherapist the Halliwick Concept is introduced by Anette Spence and Bodil Føns Knudsen.

### **GALA 's 2014**

22.02.2014: Gala – HASI, Silkeborg

Sarah and Dualta from Ireland participated at the Gala and received theoretical and practical knowledge about how competition with time handicap is practiced in Denmark.

26.04.2014: Gala – HASA, Aarhus

02.11.2014: Gala – Sælungerne, Esbjerg

**Halliwise** (Newsmagasin) is published 4 times per year.

Posted to private address for the individual members and larger package for the clubs, schools or institutions by a swimmer from the club in Silkeborg.

**The webpage:** A renewal of [www.halliwick.dk](http://www.halliwick.dk) is taken care of by Torben Schäfer, Christine Hjortkjær and Hanne Bjørling.

### **National Clinical Guidelines**

In the National Clinical Guidelines for Physiotherapy and Occupational Therapy for Children and Youth with disabilities caused by Cerebral Palsy, Halliwick Concept in research, S.W.I.M and Wota has been recognized by the Ministry of Health.

Bodil Føns Knudsen was member of the committee for writing and on top of the work a folder regarding activities in the water become one out of the nine folders for inspirations for the professionals.

Some of the other guidelines for adult with disabilities caused by neurological diseases recommend swimming or training in water.

HASAM – FU  
Bodil Føns Knudsen  
Chair